Dreams and Goals Lesson Plan

- Give each student the “Goals and Dreams Worksheet.”
- In the middle square, they should draw or write the three top things they would like to be remembered for in their lives/their three top values/the three most important things for them to accomplish in their lives. Tell them to think about what they want people to say about them after they pass away. (Depending on the maturity level and past experiences of the group of students, you might ask them to close their eyes and visualize their own funeral and then ask what they would like to hear people saying about them at the funeral.)
- In the next square, they should draw or write three specific but long-term goals they want to accomplish that will help them achieve their overall visions or dreams for their lives.
- In the outermost square, they should draw or write three specific short-term goals that they want to accomplish in the next year that will set them on the path toward achieving those longer-term goals and ultimately their dream.
- Ask for volunteers to share their final product.